NHS Suffolk

Stool Chart

Name & room no

Bristol Stool Chart

Type 1		Separate hard lumps, like nuts (hard to pass)
Type 2		Sausage-shaped but lumpy
Type 3		Like a sausage but with cracks on its surface
Type 4		Like a sausage or snake, smooth and soft
Type 5		Soft blobs with clear-cut edges (passed easily)
Type 6		Fluffy pieces with ragged edges, a mushy stool
Type 7		Watery, no solid pieces. **Entirely liquid**.

For the purposes of infection control types 5-7 are indicative of diarrhoea. The frequency of passing such stools must also be recorded.

Date	Time	Amount (ml)	Type (use Bristol stool chart)	Comment (specimen sent, presence of blood, mucus etc.)

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